

PROGRAM SCHEDULE – N4

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:30 AM	Wake-Up/Vital Signs	Wake-Up/Vital Signs	Wake-Up/Vital Signs	Wake-Up/Vital Signs	Wake-Up/Vital Signs	Wake-Up/Vital Signs	Wake-Up/Vital Signs
7:00—8:30 AM	Personal Time	Personal Time	Personal Time	Personal Time	Personal Time	Personal Time	Personal Time
8:30 – 9:00 AM	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9:00 AM	Medications	Medications	Medications	Medications	Medications	Medications	Medications
9:30–10:00 AM	Tx Plan Review Goal Setting (PT)	Tx Plan Review Goal Setting (PT)	Tx Plan Review Goal Setting (PT)	Tx Plan Review Goal Setting (PT)	Tx Plan Review Goal Setting (PT)	Tx Plan Review Goal Setting (PT)	Tx Plan Review Goal Setting (PT)
10:15-11:00AM	Coping with Stress (PT)	Medication Education (RN)	Anger/Conflict Management (PT)	Illness Education (RN)	Healthy Life Skills Wellness (PT)	Creative Arts (AT)	Healthy Life Skills Exercise (PT)
11:00-12:00N	Group Therapy (AT- A Group PT- B Group)	Group Therapy (AT- A Group PT- B Group)	Group Therapy (AT- A Group PT- B Group)	Group Therapy (AT- A Group PT- B Group)	Group Therapy (AT- A Group PT- B Group)	Healthy Life Skills Daily Skills (PT)	Medication Education (RN)
12:15-12:45 PM	Personal Time	Personal Time	Personal Time	Personal Time	Personal Time	Personal Time	Personal Time
12:50-1:20 PM	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
1:30 PM	Medications	Medications	Medications	Medications	Medications	Medications	Medications
1:45-2:45 PM	Life Skills (PT- A Group AT- B Group)	Discharge Planning (SW)	Life Skills (PT- A Group AT- B Group)	Life Skills (PT- A Group AT- B Group)	Discharge Planning (SW) 1:45pm	Healthy Life Skills Daily Skills (PT)	Leisure Time
					Life Skills (PT- A Group AT- B Group) 2:15pm		
3:00 – 3:30 PM	Quiet Time	Quiet Time	Quiet Time	Quiet Time	Quiet Time	Quiet Time	Quiet Time
3:30 – 4:30 PM	PsychoEducation Illness Awareness (PT)	Life Skills (PT- A Group AT- B Group)	Creative Arts/Individual Psychotherapy (AT)	Creative Arts/Individual Psychotherapy (AT)	Leisure Skills Music/Relaxation (PT)	Visiting Hour	Visiting Hour
4:40 - 5:20 PM	Relapse Prevention What is Relapse (PT)	Relapse Prevention Prevention Planning (PT)	Personal Time	Relapse Prevention Triggers (PT)	Medication Education (RN)	Relapse Prevention Intervention (PT)	Relapse Prevention Prevention Plan (PT))
5:30-6:00 PM	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
6:00 PM	Medications	Medications	Medications	Medications	Medications	Medications	Medications
6:30 – 7:30 PM	Visiting Hour	Personal Time	Visiting Hour	Family Involvement (AT-5:30pm-6:30pm) /Personal Time	Personal Time	Personal Time	Movie Night
7:30 PM	Personal Time	Gym Time 7:00 – 8:00 PM (PT)	Personal Time	Gym Time 7:30 – 8:00 PM (PT)	Gym Time 7:00 – 8:00 PM (PT)	Gym Time 7:00 – 8:00 PM (PT)	
8:00PM	AA/NA Meeting (PT)	AA/NA Meeting (PT)	Personal Time	AA/NA Meeting (PT)	AA/NA Meeting (PT)	AA/NA Meeting (PT)	
9:00 PM	Medications	Medications	Medications	Medications	Medications	Medications	Medications
9:15-9:45 PM	Tx Plan Review	Tx Plan Review	Tx Plan Review	Tx Plan Review	Tx Plan Review	Tx Plan Review	Tx Plan Review

AT = Allied Therapy

PT = Psych Tech

RN = Registered Nurse

SW = Social Worker

10/6/2008

	Goal Review	Goal Review	Goal Review	Goal Review	Goal Review	Goal Review	Goal Review
10:00 PM	Quiet Time	Quiet Time	Quiet Time	Quiet Time	Quiet Time	Quiet Time	Quiet Time

AT = Allied Therapy

PT = Psych Tech

RN = Registered Nurse

SW = Social Worker

10/6/2008