PROGRAM SCHEDULE / A-POD

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00 am	Wake-up, vital signs, ADL's	Wake-up, vital signs, ADL's	Wake-up, vital signs, ADL's	Wake-up, vital signs, ADL's	Wake-up, vital signs, ADL's	7:30 Wake up, dress, ADLs	7:30 Wake up, dress, ADLs
8:30 am	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9:00 am	Comm. Meeting	Comm. Meeting	Comm. Meeting	Comm. Meeting	Comm. Meeting	Community Meeting	Community Meeting
9:30 am	Anger Management	Cooperation	Feelings	D/C Actions	Med Ed	Room cleaned, bed made, Vital signs	Room cleaned, bed made, Vital signs
10:00 am	Gym	Gym	Gym	Gym	Gym	Gym	Creative Arts/Rec.Tx(AT)
10:45 am	School	School	School	School	School	Board Games/Packets	Board Games/Packets
12 noon	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
1:15 pm	Life Skills (AT)	Group Therapy (AT)	Therapeutic Play(AT)	Life Skills (AT)	Recreation Tx (AT)	Self –Esteem Group	Healthy Eating
2:15 pm	Point review/colors Snacks	Point review/colors Snacks	Point review/colors Snacks	Point review/colors Snacks	Point review/colors Snacks	Point review/colors Snacks	Point review/colors Snacks
2:30 pm	Group Therapy (AT)	Life Skills (AT)	Creative Arts (AT)	Psychoed (AT)	LeisureActivities(PT)	Snacks/Comm. Mtg.	Game Time/Comm. Mtg. **Family Focus Group in the Gym (2pm-3pm)**
3:30 pm	Community Meeting	Community Meeting	Community Meeting	Community Meeting	Community Meeting	Visiting Hours (3:30-4:30pm)	Visiting Hours (3:30-4:30pm)
4:00 pm	Dinner Prep	Dinner Prep	Dinner Prep	Dinner Prep	Dinner Prep	Dinner Prep	Dinner Prep
4:30 pm	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
5:00 pm	Playground/Gym	Play time/**Family Focus Group in the Gym (5pm-6pm)**	Playground/Gym	Play time (Gym unavailable)	Playground	Playground	Playground
5:30 pm	Frustration Toleration	Anger management	Illness ed- strategies	Cooperation	Feelings	Evening routine	Goals for week
6:30 pm	Evening routine	Evening routine and visiting (6:30pm-7:30pm)	Evening routine	**Family Focus Group in the Gym (6pm-7pm)** and visiting (6:30pm-7:30pm)	Evening routine	Movie night	Evening routine
7:30 pm	Wrap up/relax./points	Wrap up/relax./points	Wrap up/relax./points	Wrap up/relax./points	Wrap up/relax./points	Wrap up/relax./points	Wrap up/relax./points